



YOU'RE INVITED TO BE A PART OF OUR FAMILY

The novel coronavirus, COVID-19, was declared a worldwide pandemic by the World Health Organization in March of 2020. COVID-19 is extremely contagious and is still having an impact on society today. The state of medical knowledge continues to evolve and it is expected that state-mandated restrictions on our business operations will continue to be in place for the 2021-22 all star season.

We are currently able to operate at a restricted capacity provided all participants and staff wear masks, perform temperature scans, and we limit each training area (spring floor) to 25 people. At this time, parents are not allowed into the facility to observe athlete training. Please see page 2 for information regarding our health and safety protocols. All athletes with active enrollments will receive detailed instructions to help us meet CDC guidelines and ensure smooth operations.

Our success over the last year is due, in large part, to an unwavering dedication to safety and flexibility by everyone involved. In return, GymTyme Illinois is committed to providing:

- a safe and positive training environment for our athletes and coaches;
- a family-friendly atmosphere for all who visit our facility;
- accurate and timely communications from management;
- and, fair business practices with regard to delivering full program value.

GETTING READY FOR SEASON 7

PRE-SEASON INFO SESSIONS will be available in April and May. Details will be posted on our website and social media.

PRE-SEASON CLINICS will be offered May 12-20. Please check our website and social media channels for information on or about May 1. *Clinics are open to all athletes.* You do not have to be on a team, or intend to be on a team, to take advantage of this skills training.

LEVEL TRAINING GROUPS for teams will begin Monday, May 24 and run through Friday, June 4. Information and pricing is provided on pages 3 and 7 of this packet. *All athletes interested in full-season team placement must enroll in a level training group.* Online registration will be available May 1-18. Group assignments will be scheduled and released no later than May 20.

TEAM PLACEMENT and practice schedules will be announced on Sunday, June 6

SIGNING WEEK begins on Monday, June 7. Contract and June installment due at your first practice.

GYMTYME ILLINOIS

HEALTH & SAFETY PROTOCOLS

PROVIDING A SAFE ENVIRONMENT FOR ALL

Let's have a GreaT season! We are required to adhere to strict guidelines from the CDC, the Illinois Department of Public Health and the Will County Health Department. The following procedures will be implemented for as long as each is needed. All protocols apply to both staff and athlete unless otherwise noted.

RISK MANAGEMENT: We will ...

- comply with legal obligations regarding disclosure of suspected or confirmed COVID-19 cases (staff, athlete, person-in-the-home);
- display visual alerts throughout the facility;
- stay home if sick with fever, cough or other flu-like symptoms (doctors note is not required);
- take attendance upon entry (for contact tracing);
- check temperature and survey the health of all persons entering the facility;
- dismiss anyone who is visibly sick and require that they immediately leave the building;
- follow CDC recommendations to restrict access to known contact zones and/or temporarily close the gym when an infected person visits our facility;
- and, encourage online registration and payments (parents are allowed short visits to the front desk to conduct business if necessary).

HEALTH and HYGIENE: We will ...

- require hand washing / sanitizing prior to training, after restroom use, and prior to exit;
- provide hand sanitizing stations in close proximity to training areas;
- and, require a mask or other approved face covering at all times.

SANITIZING our FACILITY: We will ...

- complete regular cleaning tasks in restrooms and on door handles, light switches, counters, mats, skills shapes and other high-traffic surfaces;
- arrive ready to train (please limit clothing changes after arrival);
- close the deli until further notice
- require personal water bottles
- and, immediately dispose of items left behind.

SOCIAL DISTANCING: We will ...

- limit non-participant entry into the facility
- restrict drop-off and pick-up to 10 minutes before or after an activity;
- provide one-way entry and exit of the building;
- discourage physical contact (unless stunt training);
- prohibit athletes from congregating when not actively enrolled in a current activity;
- create and assign "training zones" to limit unnecessary access to non-training areas;
- expand use of facility to maximize capacity limits (class may be in the fitness room, lobby or other);

This is not a complete list. We will add or update procedures in accordance with health department recommendations. Please direct any health and safety questions to andrea@gytymeil.com

GYMTYME ILLINOIS

TRAINING FOR TEAM PLACEMENT

EVALUATING SKILLS FOR A SUCCESSFUL SEASON

We want every athlete to have the opportunity to showcase their strength, confidence and technique for team placement. Last season, we were aware that athletes had been away from the sport for a few months when we finally re-opened the gym. In an effort to create a stress-free and injury-free environment, we decided to forego traditional tryouts and gave the athletes time to reboot their skills before team placement. We created short term “level training groups” and they were such a success that we have decided to make them a permanent part of our evaluation process. These training groups afford staff 8 hours with your child prior to team development, which ensures level appropriate placement that translates to a successful season for all.

LEVEL TRAINING GROUPS (EVALUATIONS) MAY 24 - JUNE 4

Training groups provide the safest and most accurate way for our staff to evaluate athlete abilities. We firmly believe it is less stressful on athletes as they are allowed more time to show their skills. Any athlete seeking placement on a full season team MUST be enrolled in a training group.

- Online registration begins May 1.
- Initial registration is by level and age (for example Level 4 — ages 12-18). Once registrations are complete, we will then assign athletes a training schedule and notify you via email on May 20 (please give us until the end of the day).
- Training groups meet for two 2-hour sessions each week similar to our practice times (for example Tues/Thur 5:30-7:30 pm) for a total of four sessions or 8 hours of evaluation time. This may not be your final practice time once placed on a team.
- Returning GT athletes will be assigned according to last season’s team level.
- New athletes will self-assign their training level.
- Coaches will closely evaluate athletes during week one and may reassign athletes for week two.
- Training groups will focus on technique-driven warmup drills, jumps, tumbling and stunting.

TEAM PLACEMENT — JUNE 6

- Athlete placement will be based on the strength and technique of skills at the time of team formation.
- The majority of athletes will be placed according to their group level. Exceptions may be made when placing crossovers, athletes with unique skill sets, or athletes who have aged out of a division.
- Team placement is never final. Athletes who regress or advance skill performance may be moved to another team at any time during the season.
- Athletes who wish to have their placement reevaluated may contact the director and an individual skills assessment will take place. A \$50 reevaluation fee will be due.
- Athletes that have not attended a training group may request an individual evaluation (\$50 fee). however placement is not guaranteed. Training group tuition and fees will still be due.
- Once rosters are finalized, practice time will be used to work on elements of the routine and nurture team development. There will be minimal time within team practice to advance tumbling skills.
- Team tumbling will focus on technique and team synchronization. Some skill advancement does occur, however athletes are encouraged (but are not required) to supplement their training with additional classes or private lessons.

GYMTYME ILLINOIS

PROGRAM FEATURES

FULL SEASON, FULL TRAVEL ELITE ALL STAR

GymTyme Illinois offers athletes of all ages and abilities the opportunity to grow and develop under the supervision of professionally trained coaches. We provide a safe and positive training environment celebrating your child's success at every stage of training. In addition to achieving the skill and confidence to perform at the highest level of competition, athletes will build strength of character through valuable lessons in self-discipline, resiliency, teamwork and commitment.

Teams compete in specific divisions according to age, skill and selected tier. Our elite program travels to national events throughout the U.S. We begin training in late May to early June in preparation for the competitive season which typically runs November through March. Elite teams will compete for "post-season" bids to compete at our industry's most prestigious invite-only events that take place in late April and early May. Post season events are not elective.

The following is a general overview of our elite program¹:

DIVISION	LEVELS	BIRTH YEAR	WEEKLY PRACTICES HOURS ¹	WEEKLY TEAM TUMBLE	EVENTS PER SEASON	TRAVEL EVENTS	OPEN GYM ²	POST SEASON (APRIL - MAY) EVENTS
Youth	1 - 6	2009 - 2016	Two 2-hour weeknight practices May - March plus one 2-hour Sunday practice Sept - March <i>(extra practices may be scheduled in response to athlete injury, illness, or general team needs)</i>	1 hour <i>(takes place before or after team practice)</i>	6	3-4	FREE	Summit – Regional
Junior	1 - 3	2005 - 2015						Summit – Orlando Jr- Sr Levels 1-5 Junior Level 6
	4	2005 - 2013						
Senior	5-6	2005 - 2012					Worlds – Orlando Level 6 Senior	
	1-5	6/1/02 - 2009						
	6	6/1/02 - 2008						
Open	4 - 7	2008 - earlier						Worlds – Orlando

We may elect to form U17 or U19 teams if we believe a team will be more competitive in these IASF divisions. There would be no difference in programming. Teams may attend US Finals if a Summit/Worlds bid is not earned.

¹ The above schedule is the standard program model. We will attempt to deliver all practice hours promised within the restricted capacity and social distancing limits mandated by government officials. Teams may meet for virtual training or on additional days in the event of an unexpected closure. We may also modify the number and/or location of competitive opportunities based on the health climate and developing pandemic.

² We typically offer four open gym hours per week. Due to social distancing guidelines, we may need to limit athlete participation in order to structure a safe and sanitized training environment.

GYMTYME ILLINOIS

FREQUENTLY ASKED QUESTIONS

SOME ADDITIONAL DETAILS

TEAM FORMATION

GymTyme Illinois does not promise that specific teams will be developed. We start with a clean slate each season. Teams are developed based on the total talent pool that is present during the evaluation period. From beginner to elite, we consider each child that comes to us for placement and design teams so that everyone has the opportunity to participate and succeed.

When placing athletes, we consider:

- Tumbling that can be performed with “no drivers lost” ... near perfect execution
- Stunting ability
- Jump execution
- Dance/performance ability
- Leadership abilities, positive character traits, attendance/commitment level

Here are some placement scenarios:

- An athlete is well-rounded and makes the level where they have every tumbling skill. S/he brings strength in all the areas listed above.
- An athlete is missing a tumbling skill or two, but brings value to their assigned team in all other categories listed above.
- An athlete is placed below their mastered tumbling level. S/he’s got the tumbling down, but still has improvements to be made in some or all of the other skill categories.
- An athlete has little to no tumbling for the level they make, but is a standout athlete in one or more of the other skill categories. These skills will make a notable contribution to the team’s score sheet.

Crossover policies:

- Athletes are first and foremost a rostered member of their primary team.
- Athletes must attend all practices of both their primary and secondary team.
- Crossovers do not pay additional tuition, but are responsible for the competition/apparel fees for each team.
- Level and division restrictions may apply.
- Crossover accounts must maintain good standing

Flyers:

- All team flyers are required to take a stretch class each week. This is offered at a 50% discount.

Please remember that we consider each athlete’s strengths (and weaknesses) when forming teams each season. Our coaches are expert at grouping athlete talent and setting your child up for a successful season. We ask that you trust in our ability to place everyone on a **GreaT** team.

SKILLS CAMPS & CHOREOGRAPHY

Athletes are entitled to various specialty camps for routine choreography and building skills (stunts, baskets, pyramid). These camps may or may not coincide with your regular team practices and may occur in the morning or afternoon (summer and weekends only). Please see our important dates on page 6.

GYMTYME ILLINOIS

IMPORTANT DATES

MARK YOUR CALENDARS

May 13-20	Pre Season Clinics — registration begins May 1
May 24 - June 4	Level Group Training (evaluations) — registration May 1-18 <i>All athletes who wish to be placed on a team MUST enroll</i> <i>Athletes will not be scheduled to attend on May 28-31 as we observe Memorial Day</i>
June 6	Team placement announced
June 7-10	Signing Week — annual contracts due; team practices begin
June 28-30	Stunt Camp with Ray Jasper — mandatory attendance ¹
July 1-5	Summer break — NO PRACTICES
July 11-18	Routine Choreography with Wes Haley — mandatory attendance ¹
Aug. 6-8	Pyramid Camp with GT Coaches — mandatory attendance ¹
Sept. 6	Labor Day — NO PRACTICES
Sept 12	Grandparents Day / Sunday practices begin
Oct. 2-7	Dance Choreography with Wes Haley — mandatory attendance ²
Oct. 31	Halloween — NO PRACTICES
Nov. 24-27	Thanksgiving break — NO PRACTICES
Dec. 22 - Jan 1	Winter Break — NO PRACTICES
March 31	Last regular season practice
April 3	Post season practices begin
April 15-17	Easter Weekend — NO PRACTICES <i>Exception: Worlds teams will practice Friday and/or Saturday</i>
April 23-25	The Cheerleading Worlds (tentative)
April 29 - May 1	The Summit (tentative)

Please note that our timeline does NOT include a spring break. Athletes are allowed 4 vacation absences May through September. No vacation absences will be approved November through April. A vacation approval from must be submitted for the absence to be excused. Please see the full attendance/absence policy in our member agreement (available May 1).

A tentative competition schedule will be made available prior to evaluations.

¹May occur during the day and/or on a different day than normal practice day

²We will attempt to schedule during your normal practice. This may not be possible for some teams.

GYMTYME ILLINOIS

PROGRAM COSTS

2021-22 FULL SEASON ELITE ALL STAR

GymTyme Illinois strives to publish upfront pricing with no hidden fees. We understand that you are making a significant financial commitment and deserve transparency and the ability to manage the cost of participation. If we are required to temporarily close, events are unexpectedly canceled, or other situations arise that are beyond our control, we promise to fairly prorate costs and will attempt to deliver expected program value.¹

Regular Season Price Breakdown

Tuition (includes level training group)	\$2500
Registration Fee	\$50
Trainer Fee	\$75
Competition Fees (3 travel, 3 local)	\$1200
Coaches Travel Fees	\$300
Skills/Choreo Camps (4)	\$200
Music	\$100
Competition Bow, Shoes, Warmup Jacket	\$225
Practice Package: (1) Tshirt, (2) sports bras, (1) spandex shorts, (1) running shorts, (2) bows	\$200

TOTAL REGULAR SEASON (May-March) \$4850

Additional Fees (USASF, Uniform, Post Season)

Uniform, if needed (July 1)	\$500
USASF Member Fee (Sept. 1)	\$30
Worlds/Summit - Orlando (April 1) ²	\$500
Summit Regional (April 1) ²	\$TBD

Monthly Payment Breakdown

		Regular Season	Additional Fees
MAY 1-18	Level Group Signup	\$150	
JUN 7-8	Tuition & Fees	\$470	
JUL-1	Tuition & Fees	\$470	
JUL-1	Uniform (if needed)		\$500
AUG-1	Tuition & Fees	\$470	
SEP-1	Tuition & Fees	\$470	
SEP-1	USASF Member Fee		\$30
OCT-1	Tuition & Fees	\$470	
NOV-1	Tuition & Fees	\$470	
DEC-1	Tuition & Fees	\$470	
JAN-1	Tuition & Fees	\$470	
FEB-1	Tuition & Fees	\$470	
MAR-1	Tuition & Fees	\$470	
APR-1	Worlds or Summit		\$500

TOTAL COST OF PROGRAM \$4850 + \$30-\$1300

Not included above: spectator fees, travel expenses, optional pro shop purchases.

¹ **Fee reductions/adjustments due to program changes related to Covid-19:** Tuition rebates will be issued in the event of extended closure (more than 6 practices) due to Covid-19. We will attempt to make up practices before issuing rebates. Competition and coaches fees may adjust if we are not able to attend the planned number of events. We will attempt to replace all events before issuing rebates. Replacement may be virtual format or may require additional travel for in-person format.

² **Worlds and Summit Post Season events:** Listed price covers tuition, apparel package, routine choreography upgrades, and coaches fees to be paid to GTIL. Additional event registration fees may be due based on bid designation (Paid, At Large) and will be paid directly to the event producer. You may not "opt out" of post season events.

We offer pay-in-full and sibling discounts.

Fundraising opportunities are available.

All team athletes have the option to supplement their program with additional classes at a discounted rate.